



PCCN REGINA PROSTATE CANCER SUPPORT GROUP INC. NEWSLETTER

The purpose of PCCN Regina is:

1. To increase awareness, knowledge and understanding about prostate cancer in the community we serve.
2. To arrange and conduct regular monthly meetings.
3. To provide education sessions and information to prostate cancer survivors, their families, friends, and the public.
4. To provide for sharing of experiences and concerns.
5. To provide counseling services these counseling services do not include recommendations for treatments, medicines or physicians.
6. To promote courage and hope.
7. To co-operate with other cancer agencies in the fight against cancer.

Important September Meeting Notice

CHANGE OF DATE AND VENUE

The September 14th Support Group Meeting is cancelled as the Prostate Cancer Seminar will be held on September 16th.

See the attached information for details.

Members, spouses, mature children and guests are all welcome.

Please note: Registration is required.

Located at Travelodge Hotel
4177 Albert street South
Burlington Room - Lower Level
Time: 9:00 AM - 2:00 PM

Lunch will be provided.

Visit our website!

www.pccnregina.ca

Our Mailing Address:

PCCN REGINA - PO Box 3726
REGINA, SK S4S 7K4

Please email us at pccn.regina@gmail.com if you have any questions.



FREE Prostate Cancer Seminar

“We’ve Been Through It”

Sharing our Experiences to Ease Your Stress

Please contact: **Stan Hanoski for Registration** (Limited to 100 registrants)
Email: prostatecancerregina@myaccess.ca for tickets

“Saturday”, September 16, 2017

(Celebrating Prostate Cancer Month)

Located at: **Travelodge Hotel**
4177 Albert Street South
Burlington Room - Lower Level
Time: 9:00 A.M. – 2:00 P.M.
(Lunch will be provided)

Special Guests:

Mikki Robicheau, RN - Prostate Nurse Navigator -
Prostate Assessment Centre

Dr. Asim Amjad, Oncologist - Allan Blair Cancer Centre

Dr. Francisco Garcia, Consultant Urology, Specialist in Male
Infertility and Andrology - Cypress Regional Hospital
University of Saskatchewan, Clinical Assistant Professor



Prostate Cancer Canada Network – Regina Chapter
Is hosting a day of “discussion” touching on the following;

- > Importance of an annual check up
- > Being told you have Prostate Cancer
- > Understanding what it means
- > Looking for information
- > Treatment options
- > What to expect on the day of treatment
 - Aftercare
- > Support for your spouse
- > Healing and dealing with side effects thereafter
 - Urinary Incontinence
 - Erectile Problems
 - Psychological
- > What’s going to happen to my sex life
 - Prospects for recovery
 - Options
- > Mortality

If you have been recently diagnosed, have already gone through it, or have a friend or loved one that may have questions, and is looking for answers, we may be able to assist. Please note, we are not doctors, just ordinary people that have gone through what you may have to, and are in a position to provide some past experiences.

This is open to all men, their spouses, or significant other.



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PCCN REGINA PROSTATE CANCER SUPPORT GROUP INC.

PCCN REGINA PROSTATE CANCER SUPPORT GROUP TAX DEDUCTIBLE DONATION

PCCN Regina is a volunteer support group for men diagnosed with prostate cancer and their families. We are a registered charity that relies on the generosity of its members, supporters and friends to fund its programs. Charitable deduction receipts for income tax purposes are issued for amounts of \$10.00.

You can donate by sending a cheque to:

PCCN – Regina: PO Box 37264

Regina, SK S4S 7K4

Donor's Name: _____

Donor's Address: _____

Postal Code: _____

If this gift is in memory/honor of someone, please provide mailing address information if you wish us to provide a notification.

This gift is in memory/honor of: _____

Send Notification to:

Name: _____

Address: _____

Postal Code: _____

BOARD STRUCTURE 2017/2018

pccn.regina@gmail.com

Co-Chair - Bob Terichow

Phone: (306) 584-9293 / (306) 581-9158

Co-Chair - Lawrence Ward

Phone: (306) 543-8215

Treasurer - Larry Smart

Phone: (306) 757-4959

Secretary - Dwaine Snowfield

Phone: (306) 586-1403

Monthly Program - TBD

Peer Sharing

Lawrence Ward or any member of our Board

Phone: (306) 543-8215

Out Reach Program

Jim Odling

Phone: (306) 522-7590

Dwaine Snowfield

Phone: (306) 586-1403

Steve Phillipow

Phone: (306) 586-9345

Grant Rathwell

Phone: (306) 766-2372

Stan Hanoski

Phone: (306) 529-1322

James Froh

Phone: (306) 450-0909

Dennis Auger

dauger@sasktel.net

2017-2018 MONTHLY PROGRAM DATES

Support Group meeting dates are the second Thursday of each month. Monthly Programs are being developed and will be announced in future newsletters.

2017

September 16 - Prostate Cancer Seminar

Pending for 2017-2018

- UofR RN Professor on PCa Patient Care
- Advance Care Planning Workshop
- Update on UofR PCa Research Program we are partially funding