



REGINA PROSTATE CANCER SUPPORT GROUP INC. NEWSLETTER

The purpose of PCCN Regina is:

1. To increase awareness, knowledge and understanding about prostate cancer in the community we serve.
2. To arrange and conduct regular monthly meetings.
3. To provide education sessions and information to prostate cancer survivors, their families, friends, and the public.
4. To provide for sharing of experiences and concerns.
5. To provide counseling services these counseling services do not include recommendations for treatments, medicines or physicians.
6. To promote courage and hope.
7. To co-operate with other cancer agencies in the fight against cancer.

Our next meeting is on Thursday January 10, 2019

Program:

Presentation on Advance Care Planning

Time:

Registration – 6:15pm

Meeting – 6:30pm – 8:30pm

The time change is to accommodate one on one discussions and to have the meeting room cleared for lock up by 9:00pm.

Place:

Canadian Cancer Society building
located at 1910 McIntyre St, Regina.

McIntyre St. is the next street East
of Albert St. 1910 McIntyre is between
Victoria Ave. and 12th Ave.

Meeting room is on the 2nd floor.

Free evening parking along
McIntyre Street.

Visit our website!

www.pccnregina.ca

Our Mailing Address:

PCCN REGINA - PO Box 37264

REGINA, SK S4S 7K4

Please email us at pccn.regina@gmail.com if you have any questions.

To ensure you are receiving all of our newsletters and notices ensure pccn.regina@gmail.com is in your contact list.

If you would like to be removed from our newsletter and notices please use reply stating "Unsubscribe" in the subject line.



From the Board of Directors of PCCN-Regina:



To all our members and friends may you all enjoy a Happy, Healthy New Year!



GOOD TO KNOW

From Prostate Cancer Canada

Dear colleagues:

I'm pleased to share Prostate Cancer Canada's [2017/18 Annual Impact Report](#) highlighting our Everyday Heroes who are making a difference in the lives of those affected by prostate cancer across the country.

I want to thank all of you - those affected by the disease and their family members, volunteers, donors, researchers, clinicians, as well as our partner organizations and governments – for your strength, commitment, and dedication. You inspire all of us, and create hope in the fight against prostate cancer.

I hope that you can help us get the word out by promoting our Annual Impact Report posts on our Twitter, Facebook and LinkedIn.

Thank you for your ongoing support and collaboration.

Kind Regards,



Peter Coleridge, MHSc
President and CEO



GOOD TO KNOW

Important Survey - Zytiga PCODR Submission

Hello Everyone,

I want to let you know about an important submission to pCODR that is being led by the BC Cancer Agency. The Canadian Cancer Survivor Network (CCSN) and Prostate Cancer Canada (PCC) are working together to complete the patient evidence submission. Below you will see more information.

Abiraterone (Zytiga) SURVEY

The purpose of the survey is to provide the Canadian Cancer Survivor Network (CCSN) and Prostate Cancer Canada (PCC) with insights and perspectives about living with and managing metastatic castration sensitive prostate cancer (mCSPC) from patients and caregivers in order to complete a patient evidence submission for a new indication for abiraterone (Zytiga).

We are looking for input from patients with metastatic prostate cancer and their caregivers. The purpose of this survey is to understand the experience and/or the need for abiraterone (Zytiga) as a drug option for this cancer type.

The pan-Canadian Oncology Drug Review invites patient groups like CCSN and PCC to prepare and send in submissions so that patients and caregivers like you can be heard. Please join us and have your voice included in this important submission process.

Please click on this link for the survey: <https://www.surveymonkey.com/r/Z9NPTHY>

The survey will remain open until January 10th, 2019.

Anne Breakey Hart, CVA
Manager, PCCN and Volunteer Engagement



PCCN REGINA PROSTATE CANCER SUPPORT GROUP INC.

PCCN REGINA PROSTATE CANCER SUPPORT GROUP TAX DEDUCTIBLE DONATION

PCCN Regina is a volunteer support group for men diagnosed with prostate cancer and their families. We are a registered charity that relies on the generosity of its members, supporters and friends to fund its programs. Charitable deduction receipts for income tax purposes are issued for amounts of \$10.00.

You can donate by sending a cheque to:

PCCN – Regina: PO Box 37264

Regina, SK S4S 7K4

Donor's Name: _____

Donor's Address: _____

Postal Code: _____

If this gift is in memory/honor of someone, please provide mailing address information
if you wish us to provide a notification.

This gift is in memory/honor of: _____

Send Notification to:

Name: _____

Address: _____

Postal Code: _____

BOARD STRUCTURE 2018/2019

pccn.regina@gmail.com

Co-Chair - Bob Terichow
Phone: (306) 581-9158

Co- Chair - Lawrence Ward
Phone: (306) 543-8215

Treasurer - Larry Smart
Phone: (306) 757-4959

Secretary - Dwaine Snowfield
Phone: (306) 586-1403

Monthly Program

Jim Odling
Phone: (306) 522-7590

James Froh
Phone: (306) 527-8290

Dwaine Snowfield
Phone : (306) 586-1403

Peer Sharing

Lawrence Ward
Phone: (306) 543-8215

Stan Hanoski
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Out Reach Program

James Froh
Phone: (306) 527-8290

Jim Odling
Phone: (306) 522-7590

Steve Pillipow
Phone: (306) 586-9345

Dwaine Snowfield
Phone: (306) 586-1403

Grant Rathwell
Phone: (306) 766-2372

2018-2019 MONTHLY PROGRAM DATES

Support Group meeting dates are the second Thursday of each month. Monthly Programs are being developed and will be announced in future newsletters.

2018

September 13 - Dr. Asim Amjad

October 11 - Dr. Deb Korol

**November 8 - Men's Mental Health
Allen Blair Cancer Centre / Movember**

December 13 - Music by Ryan Hicks

2019

January 10 - Advance Care Planning

February 14 - Will Planning

March 14

Apri 11

May 9

**June 13 – Annual Meeting
/ Member Appreciation**

July – August – No Meetings

Pending for 2019

**- UofR RN Professor on PCa
Patient Care**

**- Update on UofR PCa Research
Program we are funding**

- Prostate Assessment Centre

- Saskatchewan Cancer Agency