



REGINA PROSTATE CANCER SUPPORT GROUP INC. NEWSLETTER

The purpose of PCCN Regina is:

1. To increase awareness, knowledge and understanding about prostate cancer in the community we serve.
2. To arrange and conduct regular monthly meetings.
3. To provide education sessions and information to prostate cancer survivors, their families, friends, and the public.
4. To provide for sharing of experiences and concerns.
5. To provide counseling services these counseling services do not include recommendations for treatments, medicines or physicians.
6. To promote courage and hope.
7. To co-operate with other cancer agencies in the fight against cancer.

Our next meeting is on
Thursday January 11, 2018

Speaker:

Thanadoula Presentation
by Amber Wolfe
Bringing dying and grief out of the shadows
and into the light.

Please note: Registration is required.

Time:

Registration is at 6:45pm.
The meeting will start at 7:00 p.m.
and will end at 9:00 p.m.

Place:

Canadian Cancer Society building
located at 1910 McIntyre St, Regina.

McIntyre St. is the next street East
of Albert St. 1910 McIntyre is between
Victoria Ave. and 12th Ave.

Meeting room is on the 2nd floor.

Free evening parking along
McIntyre Street.

Visit our website!
www.pccnregina.ca

Our Mailing Address:

PCCN REGINA - PO Box 3726
REGINA, SK S4S 7K4

Please email us at pccn.regina@gmail.com if you have any questions.

To ensure you are receiving all of our newsletters and notices ensure pccn.regina@gmail.com is in your contact list.

Thanadoula Presentation by Amber Wolfe

The Thanadoula community care services are holistic and are on a continuum of helping individuals and families plan for the future by providing end of living planning documents i.e. (advance care plans, estate planning, home funeral criteria, & advance medical directives). As well as working with the dying person and family, accompanying and educating them throughout the experience, facilitating family led after death home care, and attending to spiritual or ceremonial needs. They also act as a sounding board for people to express their fears and musings about passing away, the afterlife and more.



TAKE NOTE

World Cancer Day 2018

Saturday, February 3 2018

1:00-5:00 pm at the **Co-operators Centre (DQ Arena)**

1:00pm: Registration Opens

1:00 - 2:45pm: Free Skate and Hockey-Puck Shootout

2:45 - 3:00pm: On-Ice Speech and Event Sponsor Recognition

3:00 - 5:00pm: 'Stick it to Cancer' Shiny Tournament

5:00pm: Event Closing Remarks

In addition to the agenda and our trade-show style table set-up we will also have Rawlco Radio 'Woody' as event emcee, a hair-cut for cancer, progressive 50-50 draw, silent auction and World Cancer Day merchandise for sale.

Event Registration: <https://www.eventbrite.ca/e/3rd-annual-world-cancer-day-regina-tickets-36896478360>

Please view the ['Stick it to Cancer' Shiny Tournament Rules and Waiver Package](#).

(Note: the image on the Eventbrite registration page shows Feb. 4 as that is the global date; however to accommodate the Superbowl WCD Regina is taking place on Feb.3.)

Visit World Cancer Day Regina's Facebook: <https://www.facebook.com/worldcancerdayregina>





PCCN REGINA PROSTATE CANCER SUPPORT GROUP INC.

PCCN REGINA PROSTATE CANCER SUPPORT GROUP TAX DEDUCTIBLE DONATION

PCCN Regina is a volunteer support group for men diagnosed with prostate cancer and their families. We are a registered charity that relies on the generosity of its members, supporters and friends to fund its programs. Charitable deduction receipts for income tax purposes are issued for amounts of \$10.00.

You can donate by sending a cheque to:

PCCN – Regina: PO Box 37264

Regina, SK S4S 7K4

Donor's Name: _____

Donor's Address: _____

Postal Code: _____

If this gift is in memory/honor of someone, please provide mailing address information if you wish us to provide a notification.

This gift is in memory/honor of: _____

Send Notification to:

Name: _____

Address: _____

Postal Code: _____

BOARD STRUCTURE 2017/2018

pccn.regina@gmail.com

Co-Chair - Bob Terichow
Phone: (306) 581-9158

Co- Chair - Lawrence Ward
Phone: (306) 543-8215

Treasurer - Larry Smart
Phone: (306) 757-4959

Secretary - Dwaine Snowfield
Phone: (306) 586-1403

Monthly Program

Jim Odling
Phone: (306) 522-7590

James Froh
Phone: (306) 450-0909

Peer Sharing

Lawrence Ward or any member of our Board
Phone: (306) 543-8215

Out Reach Program

Jim Odling
Phone: (306) 522-7590

Dwaine Snowfield
Phone: (306) 586-1403

Sieg Hodel
Phone: (306) 569-1957

Steve Pillipow
Phone: (306) 586-9345

Grant Rathwell
Phone: (306) 766-2372

Stan Hanoski
Phone: (306) 529-1322

James Froh
Phone: (306) 450-0909

Dennis Auger
dauger@sasktel.net

2017-2018 MONTHLY PROGRAM DATES

Support Group meeting dates are the second Thursday of each month. Monthly Programs are being developed and will be announced in future newsletters.

2017

September 16 - Prostate Cancer Seminar
October 12 - Heather Rodrigues
November 9 - Clear Health Inn
December 14 - Best Buds Society

2018

January 11 - Compassionate Care

February 8 - TBA
March 8 - TBA
April 11 - TBA
May 10 - TBA
June 14 - AGM
July – August - No Meetings

Pending for 2018

- UofR RN Professor on PCa Patient Care
- Advance Care Planning Workshop
- Update on UofR PCa Research Program we are partially funding
- Prostate Assessment Centre
- Pathologist from Cancer Clinic
- Saskatchewan Cancer Agency