



REGINA PROSTATE CANCER SUPPORT GROUP INC. NEWSLETTER

The purpose of PCCN Regina is:

1. To increase awareness, knowledge and understanding about prostate cancer in the community we serve.
2. To arrange and conduct regular monthly meetings.
3. To provide education sessions and information to prostate cancer survivors, their families, friends, and the public.
4. To provide for sharing of experiences and concerns.
5. To provide counseling services these counseling services do not include recommendations for treatments, medicines or physicians.
6. To promote courage and hope.
7. To co-operate with other cancer agencies in the fight against cancer.

Our next meeting is on Thursday November 9, 2017

Speaker

Dr. Ali Cadili, Medical Director
Clear Health Inn

Topic

Presentation and Tour of **Clear Health Inn**
Alternative Health Treatments
Refreshments & Draw Prizes
Prostate Cancer Journey Discussions
Will Follow the Clear Health Inn Presentation

Time

Registration is at 6:45 p.m.
The meeting will start at 7:00 p.m.
and will end at 9:00 p.m.

Place

Clear Health Inn
395 University Park Drive
North East Corner of the
Gardiner Park Shopping Mall
Refer to the following map

Note: The Meeting is not at the
normal location at Canadian Cancer Society.

Visit our website!
www.pccnregina.ca

Our Mailing Address:

PCCN REGINA - PO Box 3726
REGINA, SK S4S 7K4

Please email us at pccn.regina@gmail.com if you have any questions.

To ensure you are receiving all of our newsletters and notices ensure pccn.regina@gmail.com is in your contact list.

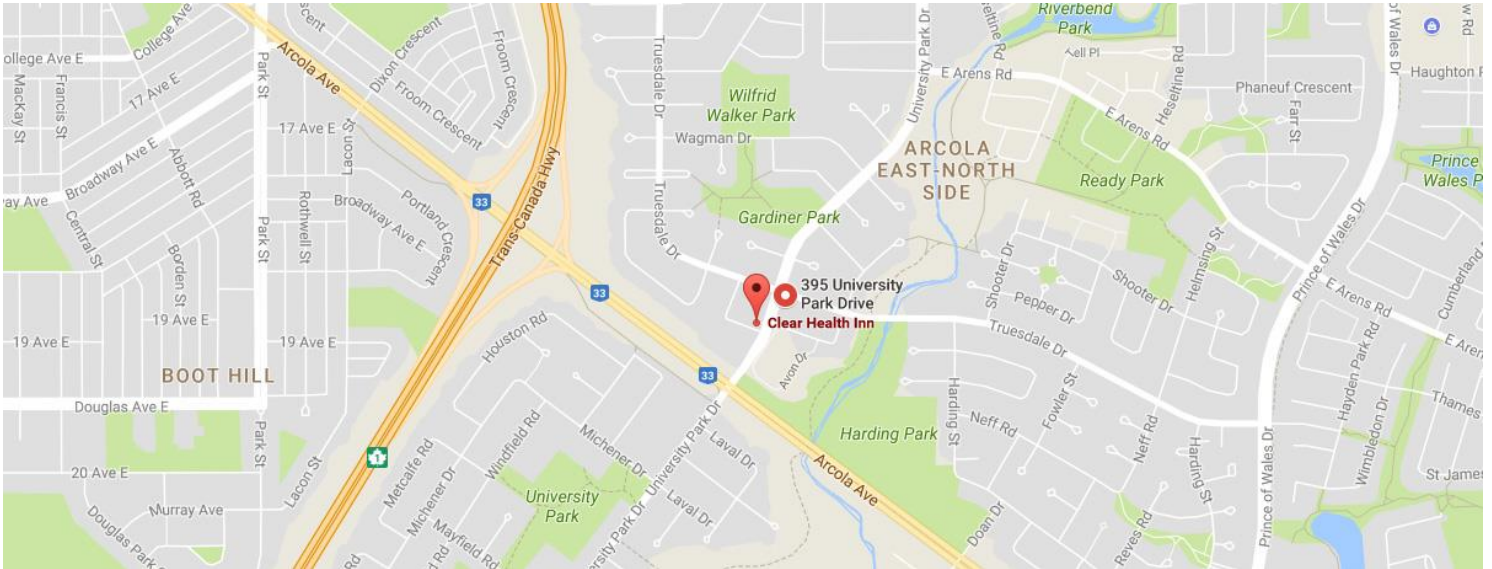
Presentation Information

Clear Health inn is a supplementary health clinic in Regina that offers a variety of treatments performed by professional technicians and over seen by Dr. Ali Cadili. Our focus at Clear Health is our Cancer Care program developed by Dr.Cadili. The program is tailored to the patient after a one-on-on consultation, and includes a variety of therapies such as Hyperbaric Oxygen, Detox Baths, Light and Sound Therapy, and much more. Our program is targeted at healing and boosting the immunity and is meant to be used supplementary to chemo, radiation, or anything other program the patient might already be on, as these often lower the immunity.

Following a tour of the facilities a round table discussion will follow with light refreshments.

For more information check out our website! <http://www.clearhealthinn.com>

Directions to Clear Health Inn





TAKE NOTE

World Cancer Day 2018

Sunday February 4th, 2018 at Co-operators Centre / EVRAZ Place 1:00pm – 5:00pm

We are booked in at the Co-operators Centre on Sunday February 4 from 1:00-5:00.

We will have WCD merchandise for sale, a 50-50 draw, (hopefully) a haircut for cancer, a free skate, and refreshments. This year we are introducing a new event - a shinny game 'Stick it to Cancer'. We hope this adds an even bigger crowd and some friendly competition for fundraising.

Thank you and looking forward to seeing you at WCD 2018


Lana Vindevoghel

5th Annual Urology Symposium

5th Annual Urology Symposium


Prostate Cancer: Survive & Thrive

A supportive forum for patients and families managing prostate cancer

Presented by  TELUS MOTORCYCLE RIDE FOR DAD LES & IRENE DUBE UROLOGY CENTRE OF HEALTH

SATURDAY, NOVEMBER 4, 2017 • SASKATOON, SK • 7:30AM-NOON • RADISSON HOTEL
Open to the public • Free admission • Breakfast provided

Featured Speaker: Dr. Richard Wassersug



Dr. Wassersug, a research scientist based in Vancouver, BC, is a prostate cancer patient. He has co-authored more than two dozen academic papers on the psychological issues around prostate cancer, including the 2014 book: "Androgen Deprivation Therapy: An Essential Guide for Prostate Cancer Patients and Their Loved Ones."

Other presentations by local speakers:

- "Basics of Prostate MRI for Screening & Diagnosis"
- "Am I Normal?: Dealing with Diagnosis"
- *"University of Saskatchewan Prostate Cancer Research Project" *
- "Benefits of Pelvic Floor Exercises" and more!

Physicians, health care providers, patients and their supporters are encouraged to attend

REGISTER HERE: <https://www.picatic.com/Prostate2017>

This Group Learning program has been approved by the College of Family Physicians of Canada and the Saskatchewan Chapter for up to 3 Mainpro+ credits.



Get connected for updates: expert_events@icloud.com or 306.229.9966 Find us on 



PCCN REGINA PROSTATE CANCER SUPPORT GROUP INC.

PCCN REGINA PROSTATE CANCER SUPPORT GROUP TAX DEDUCTIBLE DONATION

PCCN Regina is a volunteer support group for men diagnosed with prostate cancer and their families. We are a registered charity that relies on the generosity of its members, supporters and friends to fund its programs. Charitable deduction receipts for income tax purposes are issued for amounts of \$10.00.

You can donate by sending a cheque to:

PCCN – Regina: PO Box 37264

Regina, SK S4S 7K4

Donor's Name: _____

Donor's Address: _____

Postal Code: _____

If this gift is in memory/honor of someone, please provide mailing address information
if you wish us to provide a notification.

This gift is in memory/honor of: _____

Send Notification to:

Name: _____

Address: _____

Postal Code: _____

BOARD STRUCTURE 2017/2018

pccn.regina@gmail.com

Co-Chair - Bob Terichow
Phone: (306) 581-9158

Co-Chair - Lawrence Ward
Phone: (306) 543-8215

Treasurer - Larry Smart
Phone: (306) 757-4959

Secretary - Dwaine Snowfield
Phone: (306) 586-1403

Monthly Program - Jim Odling & James Froh

Peer Sharing
Lawrence Ward
Phone: (306) 543-8215

Stan Hanoski
Phone: (306) 529-1322
or any member of our Board

Out Reach Program
Jim Odling
Phone: (306) 522-7590

Dwaine Snowfield
Phone: (306) 586-1403

Steve Pillipow
Phone: (306) 586-9345

Grant Rathwell
Phone: (306) 766-2372

James Froh
Phone: (306) 450-0909

Dennis Auger
dauger@sasktel.net

2017-2018 MONTHLY PROGRAM DATES

Support Group meeting dates are the second Thursday of each month. Monthly Programs are being developed and will be announced in future newsletters.

2017

September 16 - Prostate Cancer Seminar

October 12 - Heather Rodrigues

November 9 - Clear Health Inn

December 14 - TBA

2018

January 11 - TBA

February 8 - TBA

March 8 - TBA

April 11 - TBA

May 10 - TBA

June 14 - AGM

July - August - No Meetings

Pending for 2017-2018

- UofR RN Professor on PCa Patient Care
- Advance Care Planning Workshop
- Update on UofR PCa Research Program we are partially funding
 - Prostate Assessment Centre
 - Pathologist from Cancer Clinic
 - Saskatchewan Cancer Agency