

PCCN- REGINA PROSTATE CANCER SUPPORT GROUP INC.

14th ANNUAL GENERAL MEETING “Virtual Meeting”

AGENDA

Thursday, September 10th, 2020

- 1.0** Call to order

- 2.0** Adoption of Agenda

- 3.0** Adoption of Minutes from June 13, 2019 Annual General Meeting as presented

- 4.0** Business arising from the Minutes

- 5.0** Finance Report for year ending May 31, 2020 as presented Larry Smart

- 5.1** Approval to dispense with an audit of the financial statement for the year 2019/2020

- 6.0** Presentation of report for 2019/2020 activities Lawrence Ward

- 7.0** Nominating Committee Jim Odling

- 8.0** New Business

- 9.0** Adjournment

MINUTES OF THE ANNUAL GENERAL MEETING
PCCN REGINA PROSTATE CANCER SUPPORT GROUP INC
Thursday June 13th, 2019

The meeting was proceeded by a pizza meal starting about 6:30 p.m.. It was eaten in the meeting room on the 2nd floor at the Canadian Cancer Society building. The AGM followed in the same room.

1.0 Bob called the business meeting to order at 6:55 p.m.. There were a total of 17 people present. We were competing with the Riders and Raptors games.

2.0 Approval of the Agenda moved by Jim. Seconded by James. Carried.

3.0 Approval of the 2018 Annual General Meeting Minutes as circulated was moved by Steve and seconded by Jim. Carried.

4.0 There was no business arising out of the 2018 AGM minutes.

5.0 Financial Report for the year ending May 31, 2019 was presented by Larry Smart. The report covered the 2018/2019 year (our group fiscal year). The funds at the end of the year were \$17388.00 (see attachment for a copy of the report). Larry moved the Financial report as circulated at the meeting be approved. Seconded by Jim. Carried.

5.1 Larry made a motion to waive an audit of the financial statement for our fiscal year 2018/2019.

Our assets are under \$25000.00. We are a Registered Charity and the legislation requires we pass a motion at the AGM to waive the audit. This forms part of the minutes and is part of the information/forms Larry submits to CRA and the Sask. Corporations Branch each year. The motion was seconded by Steve. Carried.

6.0 Lawrence Ward provided a report of the 2018/2019 activities of the Regina Prostate Cancer Support Group. Moved by Lawrence that the report be accepted as presented and circulated to those in attendance. Seconded by Jim. Carried. (see attachment for a copy of the report)

7.0 Nominating Committee report presented by Jim Odling.

The following names were submitted as candidates for the Board of Directors – Bob Terichow, Lawrence Ward, Jim Odling, Larry Smart, Steve Pillipow, James Froh, Stan Hanoski, Peter Tyerman, Dwaine Snowfield.

Bob explained to the group that the time commitment was the Thursday regular meetings and the Board meetings which were held on a Thursday from 9:30 to 11:00 a.m. two weeks before the group meetings.

As there were no further nominations, it was moved by Jim and seconded by Lawrence that those members a/a be declared elected. Carried.

8.0 No new business was brought forward.

9.0 Presentation by Lawrence of an honorarium (\$300.00) to the Canadian Cancer Society was made for the use of their facilities during the past year. This was accepted by Stephanie Dreger on behalf of CCS.

10.0 James moved and Larry seconded that the AGM be adjourned. Carried. The AGM meeting ended at 7:30 p.m..

Prostate Cancer Canada Network - Regina Inc.

Statement of Revenue and Expenditure

For the Year Ended May 31

	<u>2020</u>	<u>2019</u>
Revenue		
Donations - General	\$ 3,655	\$ 1,144
- Fund Raising	3,086	400
Other	116	129
Total Revenue	<u>6,857</u>	<u>1,673</u>
Expenditure		
Meeting Announcements - Newspaper	1,781	2,226
Fund Raising	1,564	-
Information Booth - Home Show	-	1,514
Honorariums -Speakers & Facilities	600	900
Newsletters, Website & Brochures	614	708
Monthly/Annual Meeting Expenses	250	712
Furnishings	466	-
Urology Conference	118	423
Pasqua Survivor Garden	-	120
Administrative Expenses	281	401
	<u>5,674</u>	<u>7,004</u>
Current Year Surplus (Deficit)	1,183	(5,331)
Surplus, beginning of year	<u>17,387</u>	<u>22,718</u>
Surplus, end of year	<u>\$ 18,570</u>	<u>\$ 17,387</u>

Welcome to the Regina Prostate Cancer Support Group

14th Annual General Meeting

This meeting is a virtual meeting (permits all participants to communicate adequately with each other during the meeting)

While these are very unprecedented times we are experiencing, despite the global pandemic of COVID-19 which has disrupted our monthly support group meetings since last March our board has looked at ways for us to connect with all of you, while monitoring everyone safety. While we cannot meet in person, the work to help educate and support men and their loved ones diagnosed with prostate cancer continues. This fall we chose to resume our monthly support meetings using videoconferencing starting tonight September 10th. All community gatherings within Saskatchewan Cancer Agency operated facilities have been suspended until further notice.

This report will also provide a brief overview of our activities during the last 12 months.

Information, Support and Goals

The mission of this group is to increase awareness of prostate cancer, provide information at regular meetings, share experiences, provide peer sharing and promote courage and hope.

If a person, spouse, partner is not comfortable to share or ask questions in an open forum meeting we will interact one-on-one in a setting that is suitable for each situation. A newly diagnosed person is seeking information as well as reassurance. The person is given an information package about prostate cancer and where they can get resource information.

At our monthly meetings we also share our experiences with others who are going through the same challenges. Each meeting ends with an open discussion. New attendees are welcome to introduce themselves and express their concerns or ask questions.

We welcome men recently diagnosed, prostate cancer survivors, those seeking information and support, along with their spouses, partners, and families. We openly discuss prostate cancer, treatments, urinary incontinence, erectile dysfunction, and other matters.

Our group's goals are to promote hope and the ability to cope while decreasing fears and anxiety. We strive to provide a better understanding on how to

communicate between the healthcare team and family members. All information shared is kept confidential. Peer sharing does not include: any recommendations for treatments, medical advice, or healthcare providers as these must be the individuals own choice.

In and around our community some of the activities attended and supported.

Brisket Smoke Off Fundraiser

This fundraiser was organized by Colin Hanoski & Justin Symes which they gratefully elected to donate the proceeds of \$950.00 to The Regina Prostate Cancer Support Group. Thank you to these gentlemen.

50/50 tickets sales

The Saskatchewan Provincial Building Trades hosted an annual golf tournament. At the tournament one of the Saskatchewan Provincial Building Trades members' who is a prostate cancer survivor, sold 50/50 tickets with the proceeds being donated to Regina Prostate Cancer support group. The 50/50 proceeds raised \$785.00.

Charity Auction

The Regina Ukrainian Catholic Brotherhood, St Athanasius Branch No 305, held a Charity Auction which raised \$525.00 The Brotherhood chose PCCN-Regina as the 2020 recipient for which we are incredibly grateful.

Burger and Beer Fundraiser

This fundraiser was organized by Boyd and Lorrie Harrison. They raised a total of \$1,221.75 in support of a Prostate Cancer Pathway Clinic for the Regina and southern Saskatchewan area which will provide prostate cancer patients best practices follow-up care. Thank you to the Harrison's

Meeting venue

We relocated our monthly meetings in September of 2019 to the Saskatchewan Cancer Agency located at 200-4545 - Parliament Ave.

Urology Symposium

The 7th Annual Urology Symposium was held in Saskatoon last November and was attended by some of our directors and spouses.

Cancer Survival Garden

Cancer Survival Garden located at the Pasqua Hospital main entrance is being maintained by members of our group, which includes these volunteers - Jim and Gladys Straus, Dennis Varis, Dwaine Snowfield, Bob Terichow and Jim and Rose Odling.

Great work! The planting was done the morning of June 11th with funding for the flowers provided by Home Depot. This project is coordinated by Jim Odling.

Thank you to all for helping with this project.

Merger of Canadian Cancer Society (“CCS”) and Prostate Cancer Canada (“PCC”).

I believe the biggest news our group received was the merger of Canadian Cancer Society (“CCS”) and Prostate Cancer Canada (“PCC”).

This merger has challenged our group’s board of directors to review what directive we need to pursue going forward.

Some of the key issues and concerns we need to address.

Insurance policy that would cover our group. (previously under PCC umbrella)

Peer support facilitator training (CCS will continue their excellent peer support facilitator training for those wishing to enroll)

CCS unfortunately does not have the capacity or resources to provide support and affiliation to all the support groups that operate across the country.

Prostate Cancer Canada Network (“PCCN”) had a model with PCC and unfortunately, CCS could not continue with that model. CCS will not object to our use of “Prostate Cancer Canada Network” in association with our prostate cancer support group. The name “PCCN” cannot, however, be used in association with other activities, unrelated to our prostate cancer support group.

CCS has request that we do not identify our group as being affiliated with CCS and that we must take all reasonable steps to correct any misconceptions that our group operates under the direction of CCS.

The blue tie logo remains a registered trademark of the Canadian Cancer Society. The blue tie will be incorporated in branding for CCS's prostate cancer work and

as a result, CCS has requested that we stop using the blue tie, including any other logo similar to the blue tie. CCS appreciate that our group will need to rebrand to remove the blue tie logo from various materials we use. CCS requests that our organization stop using the blue tie by December 31, 2020.

The Community Services Locator (CSL) is a CCS tool available to the public to find cancer-related services across the country, including support groups.

The Prostate Assessment Pathway

Prostate Cancer specialists established the pathway to standardize prostate diagnostic assessments for men and their family physicians. Family doctors can refer to the prostate assessment centres using the pathway without a urologist consultation. Patients referred to a Prostate Assessment Centre will see the nurse navigator. The nurse navigator role in the prostate assessment pathway is to assist patients, clients, and families with understanding prostate cancer. The nurse navigator provides support and education to men and their partners to make informed prostate cancer treatment decisions. The nurse navigator has excellent access to medical advisors.

Media

Throughout the year we have strived to promote the existence of our support group and to create awareness about the plight of prostate cancer through newspaper advertisement and TV appearances. Certainly, we thank the **Senior Living publication, the Leader Post, CTV, and Access Communication** for accommodating us. These are extremely valuable media through which we can promote prostate cancer awareness.

Our freelance web-designer Samantha Huser, and Bob Terichow work extremely hard to continue to provide monthly e-mails to our membership. This includes our monthly notices, published newsletters, news coming from PCC National, and information on local events. We would like to thank Samantha and Bob for the work they have provide to make this happen each month.

E-mail for the support group is pccn.regina@gmail.com

The web page is www.pccnregina.ca

Program Committee

This Support Group program committee, comprised of James Froh, Jim Odling and Dwaine Snowfield, provides the group with a variety of speakers and topics selected to help educate members about prostate cancer, as well as increase awareness, knowledge and understanding around health concerns in general.

Local professionals from the community willingly contribute and share information to our monthly group meetings.

We encourage anyone to suggest possible topics and speakers for future meetings. We wish to thank those that contribute, and greatly value your input.

Although all names of the Board of Directors may not have appeared in this report, be assured their support, knowledge and contribution to this Support Group is highly valued. Without their contributions, many tasks just would not get done.

We wish to thank the Saskatchewan Cancer Agency for the venue they have provided for our Group.

Thank you to everyone for your participation, finding out you are not alone on your journey can help for your well-being. Support groups are a community of people with a similar diagnosis or challenges who gather to share knowledge, encouragement, and emotional comfort.

Stay safe everyone