



Support Meetings Notes

February 2024



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- 1. We do not provide, solicit or promote one treatment or procedure over another.**
- 2. We strongly encourage our meeting participants to discuss your personal health care concerns with your care team and doctors.**

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Personal Health Calculators

Making Health Decisions

About Emergency Wait Times

Healthy Living

Cancer Treatment Pathway

The Saskatchewan Cancer Agency  is responsible for planning, organizing, delivering, and evaluating cancer care and related health services in the province.

Related links

[Cancer Wait Time Information !\[\]\(62e94c0795f5d0e811cb40e6b18f26fd_img.jpg\)](#)

[New Cancer Patient Information !\[\]\(fed825e7856867ee486f6761f9a89d91_img.jpg\)](#)

[Prostate Cancer Pathway](#)

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Prostate Assessment Pathway

Men who have been diagnosed with prostate cancer need clear, useful information. The material on this section of the website can help patients better understand prostate cancer and their options for treatment.

Urologists, radiation oncologists, nurses, and other health care professionals encourage you to become familiar with the information provided here. It is meant to supplement one-on-one counselling provided by health care specialists.

[Downloadable Prostate Cancer Handouts](#) 

Handouts developed by health professionals to help educate men and their families about Prostate Specific Antigen testing and treatment options.

Improving access to reliable information

The government is committed to improving cancer care for Saskatchewan people. The Ministry of Health supports a provincial Prostate Cancer Education Network that is working to standardize information and make it easily accessible to patients.



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Patients and Families

At the Saskatchewan Cancer Agency, we are focussed on providing you and your family with safe, high quality cancer care and services. Each patient has access to a full team of skilled and dedicated healthcare professionals that are ready to assist you at every step of your cancer journey.

The Saskatchewan Cancer Agency continues to follow current precautionary measures in place in our facilities:

- Mandatory masking remains in place for everyone within our facilities
- Visitor restrictions remain in place to ensure adequate physical distancing can be maintained



Prostate Cancer

Diagnosis and Treatment Information for Patients



Saskatchewan
Health Authority



CS-PIER-0123
May 2022

Wait times for radiation oncologists



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Charts and Definitions

90th Percentile Wait Time - Referral Date to First Appointment with an Oncologist

[Chart and Definition](#)

90th Percentile Wait Time - First Appointment with an Oncologist to First Treatment

[Chart and Definition](#)

90th Percentile Wait Time - Ready to Treat to First Treatment

[Chart and Definition](#)

LEARN MORE

> [Cancer Surgery](#)

Surgical Performance and Wait Times

(Posted on **December 14, 2023**)

Saskatchewan's surgical system is making progress in ramping up volumes and providing surgeries to patients who need them most. In the fiscal year from April 1, 2022, to March 31, 2023, surgical volume was the highest ever recorded in Saskatchewan for a one-year period. This trend has continued in the current fiscal year, as surgical volumes continue to rise, and wait lists fall.

[Cancer Surgery Wait Times by Area of Service](#)

Selected Procedures:

- [Hysterectomy](#)
- [Lymph Node Dissection/Biopsy](#)
- [Mastectomy](#)
- [Nephrectomy](#)
- [Radical Prostatectomy](#)
- [Resection of Bladder](#)
- [Resection of Bowel, Colon, or Rectum](#)
- [Thoracotomy](#)
- [Thyroidectomy](#)

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Monday, February 5, 2024

[Directory](#) | [Contact Us](#)**Saskatchewan
Surgical Initiative**
putting the Patient First

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SASKATCHEWAN SURGICAL INITIATIVE - SOONER, SAFER, SMARTER

Saskatchewan's online Specialist Directory is updated and improved to make it easy to find current surgical wait times and information about surgical specialists in Saskatchewan.

Use this Directory to find:

- practicing surgeons
- procedures they perform
- how long you may wait to see a specialist
- how long patients usually wait to have surgery

You and your family doctor can use this information to see which surgeons have the shortest wait times and to choose the most appropriate surgeon for you. **All appointments with a specialist require a referral from a doctor or a nurse practitioner.**

[How to search](#)[Expanded Search](#)

Or click on a body part

Peer Support



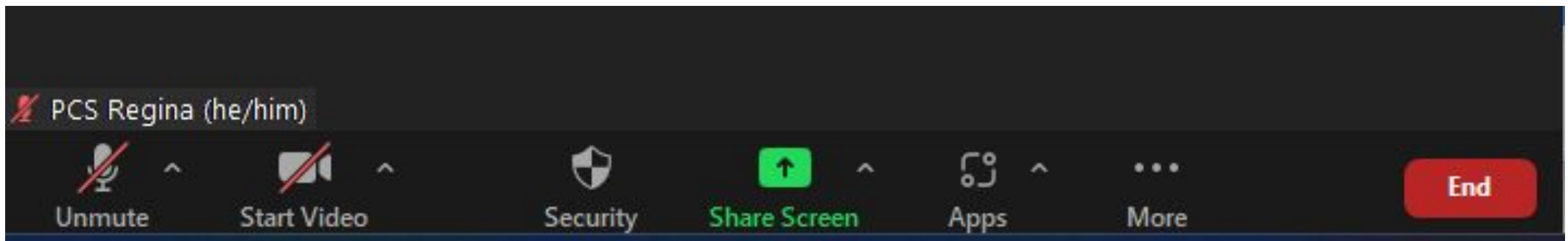
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Principles

1. **Whoever comes feels safe being seen and heard. Everyone's the same.**
2. **Whenever you need a break, exercise self care.**
3. **Wherever you practice peer sharing, use your time to say what's important.**
4. **Whenever it happens, be aware and respectful. Hold opinions to yourself.**
5. **Whenever you feel an urge to make a comment or give feedback, pause and notice your feelings and thoughts.**
6. **Whenever peer sharing is over, it's over.**

Recording education presentations

- If you are on Zoom and DO NOT want to be recorded, Mute your microphone and Stop your video camera
- Presentation videos are available on our YouTube channel



1. While stories may sound similar, each person has unique health care needs as individual as the person living it.
2. Peer sharing remains confidential to the support group.
3. We recognize that some people do not feel comfortable talking in a larger group.
4. We support each other informally before and after meetings, as well as during breaks and outside of meetings.
5. Personal & confidential peer support is available upon request by telephone, video conference or in-person.



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Visit our website at www.pccnregina.ca
for updates and more information

Email us at
info@pccnregina.ca

Call us (306) 543-8215

[Visit our YouTube channel](#)

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