Prostate cancer support groups in Regina and Saskatoon and the Cancer Foundation of Saskatchewan have jointly produced a provincial campaign - September is Prostate Cancer Awareness Month - <a href="https://www.cancerfoundationsask.ca/events/prostate-cancer/">https://www.cancerfoundationsask.ca/events/prostate-cancer/</a> This year's objectives are to raise awareness of the prevalence of prostate cancer among Saskatchewan men and donations to the Cancer Foundation of Saskatchewan for innovative ARO Gel treatments to protect men's bladders and colons during radiation treatment.

Prostate cancer is often described as a partners disease, it affects patients, spouses, and all who care for men who are diagnosed. One-in-eight Canadian men will be diagnosed in their lifetime. In 2024, the Canadian Cancer Society estimated that 27,900 Canadian men would be diagnosed with prostate cancer. Provincially, 770 men were diagnosed with prostate cancer and Saskatchewan men had more high-risk prostate cancer at diagnosis than anywhere else in Canada.

Prostate cancer support groups are committed to improving the lives for all affected by prostate cancer by:

- breaking down barriers to diagnosis, treatment and survivorship
- encouraging men over 50, or with a family history of prostate cancer, to talk with their family practitioner about testing early and regularly
- linking men to relevant and credible local cancer resources in Saskatchewan at <a href="mailto:saskprostate.ca">saskprostate.ca</a>
- meeting monthly, except during July and August, with newly diagnosed men and long-time survivors. There will usually be someone who has had various treatments the newly diagnosed are considering or experiencing treatment side effects a patient is experiencing. Meetings are for all men and women affected by prostate cancer.
- assisting individuals who prefer a more peer-to-peer approach
- directing individuals to national online support groups individual support is also available

Did you know your local prostate cancer support group is a registered charity? By making a monthly or annual donation you help us sustain our programs and activities. Consider making a donation today!